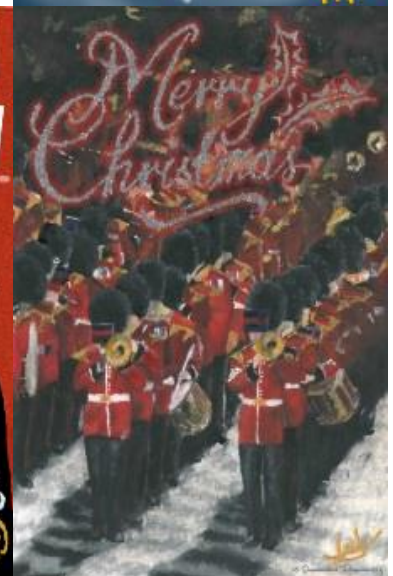
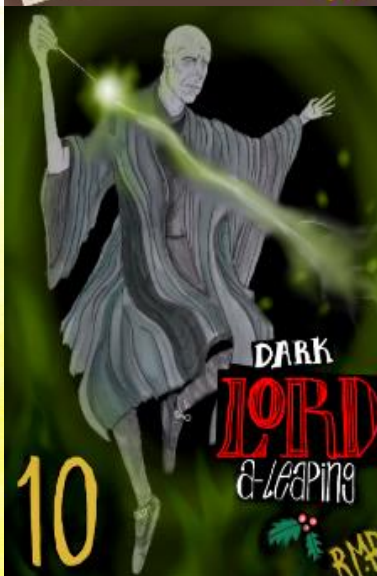
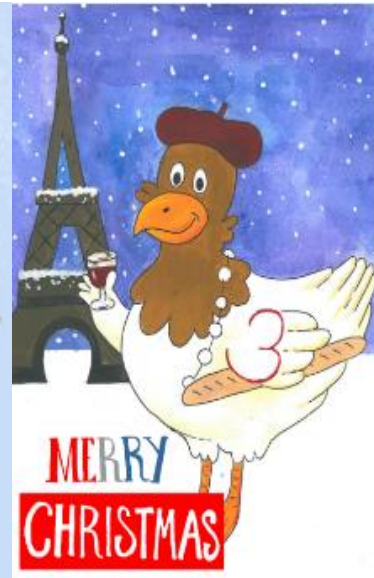
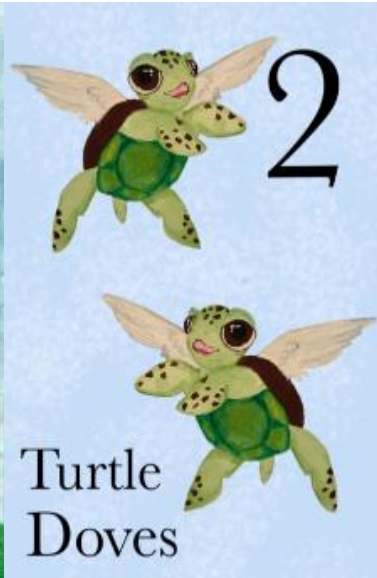
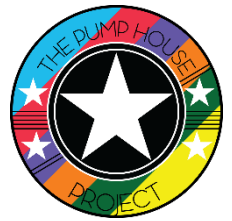


THE PUMP HOUSE PROJECT NEWSLETTER

Issue 2 Winter 2016



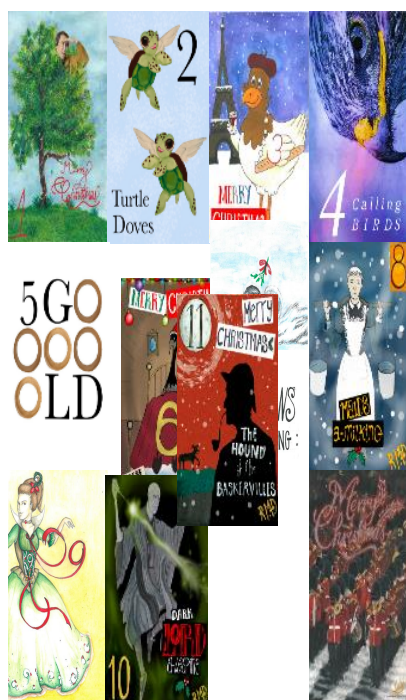
The Twelve Days of Christmas

The Twelve Days of Christmas

A partridge in a pear tree. Two turtle doves, Three French hens,
Four calling birds, Five golden rings, Six geese a-laying,
Seven swans a-swimming, Eight maids a-milking,
Nine ladies dancing, Ten lords a leaping,
Eleven pipers piping, Twelve drummers drumming.



The front cover page of this Newsletter is a themed collaborative artwork created by upper-sixth form students at Faringdon Community College. Each day of Christmas is illustrated with an innovative twist on the original meaning for an amusing or thought provoking effect.



Student artists responsible are from left to right
Back Row – Amy Stew, Louise Jenkins, Alicia Green
Kate Robbins, Josh Lovegrove
Front Row – Lydia Clarke, Reuben Morris, Fiona Eaton

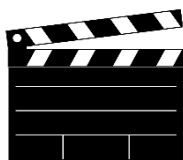
See editors comments

+++++



Are a Film, Digital and Design Company, who very kindly offered to produce a short 'Awareness' video, to see it

[click on their logo at the bottom of page 9](#)



YOU MUST SEE THIS VIDEO★

PARKOUR GROUP CLASSES

WORKSHOPS BALANCING
JAMS STRENGTH & CONDITIONING PERSONAL TRAINING
STUNTS VAULTS JUMPING INDOOR, OUTDOOR, ON-LOCATION
CLIMBING BIRTHDAY SESSIONS ACROBATICS SCALING WALLS EVENTS
ADAPTIVE MOVEMENT RUNNING SELF IMPROVEMENT
SELF DEFENSE SUMMER CAMP FLEXIBILITY GROUND PLAY
HAND BALANCING POWER & AGILITY MOVING MINDFULLY
CERTIFICATIONS FINDING FLUIDITY NATURAL MOVEMENT
CRAWLING MAKE YOUR OWN PATH

URBAN MOVEMENT ACADEMY



Every Saturday afternoon during school term time, a talented, fully trained and experienced instructor, Johnny Last transforms The Pump House Project into a high energy 'urban'

environment as enthusiastic children of all ages test their balance and strength at its new Urban Movement Academy.

Johnny said "In a session the children begin with a warm up session, they are then challenged with new skills including handstands and somersaults, as well as training with parkour equipment, and use of the climbing wall."



[Johnny Last & helper Sam Eggington](#)

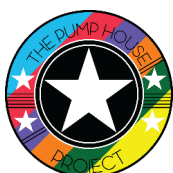
Lou Smith Trustee at TPHP, said whilst watching the children tackle the workshop, "I am delighted that we have Johnny working with us at TPHP, this type of activity does not exist anywhere else locally".



[Warm up session before using the Parkour equipment](#)

Block bookings cost £30 for 5 sessions; 'drop ins' are also welcome at £6 a session, but be warned that space in each class is on a first to arrive basis.

For more information, please contact our Project Coordinator



info@thepumphouseproject.co.uk



[Johnny Last](#)

THE PUMP HOUSE PROJECT started around four years ago, and we have received many generous donations and help from local organisations in and around Faringdon, without which we would not have started or survived, so a heartfelt thank you to you all.

Costcutter
PROUD TO BE LOCAL

 **WEBB's**
Building, Timber & Fencing

Rotary 

 **AllFloors**
of Oxfordshire

 **ultimate
signs**

 **HOWDENS**
JOINERY CO.
MAKING SPACE MORE VALUABLE

 **Travis Perkins**

 **mitie**

alser UK LTD
serious about retail

ANDREW GOODWIN & ASSOCIATES

Peter Kinch Plant Ltd

 **Waymark**

 **Vale
of White Horse**
District Council

 **FARINGDON
TOWN COUNCIL**

 **juice**

 **TROPHY
PET FOODS**
MADE IN BRITAIN
25 YEARS OF A
GREAT BRITISH FRANCHISE

Goddard & Son
GODDARD & SON

TESCO

Crowdy & Rose Solicitors

THE LORD FARINGDON CHARITABLE TRUST
THE LORD FARINGDON CHARITABLE TRUST

CRAFT CONNECTIONS



On Wednesday mornings 9.30am – 11.30am (term time only) we run FREE craft sessions for adults. Every two weeks a new tutor shares their craft knowledge with sixteen eager crafters. The aim is to have completed an item at the end of the two sessions.



Our Craft Connections sessions are proving that Faringdon is full of talented people of all ages and the craft created so far has been amazing. What has been equally wonderful to see are the social and emotional benefits of crafting together, from providing a familiar and secure place for anxious crafters to come to, to enabling widowed

and lonely or new people to the town to make instant friends with a shared interest, to inspiring the uptake of new crafts and giving people a valid “me time” hobby, to the shared positive experiences in being part of a larger community craft project, to empowering talented crafters to become teachers.

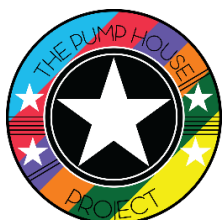


Oh and all this crafting is FREE and always with cups of tea or coffee and homemade cake on hand purchased for just £1 from our in house Cake Cafe.

To book a Craft Connections workshop place or enquire about becoming a paid tutor please contact nickybrown65@gmail.com

For more details on our workshops please join our Craft Connections Facebook group

<https://www.facebook.com/groups/1078213882274887/>



Happy crafting
Nicky Brown





200 CLUB



The trustees are pleased to announce that starting on 1st January 2017, you'll have the chance to participate in our new 200 Club lottery

Have a flutter while supporting

THE PUMP HOUSE PROJECT

The Pump House Project is introducing what's called a 200 Club lottery, where you as a friend of TPHP can purchase a monthly share at £5 each, and each calendar month, during our Coffee Morning, 40% is returned in the form of cash prizes. 1st prize £240, 2nd prize, £100, 3rd prize £60. (see note below) A 200 Club lottery, is a lawful and fun way of raising money for small not for profit clubs that exist to promote 'good causes'.

Have a flutter while supporting The Pump House Project

How it will work: You decide if you would like to purchase one or any number of shares, each share will cost £5. This you will pay by monthly standing order. For every share you purchase, TPHP will allocate you a share number, and on the first Wednesday every month, all the share numbers will be included in a draw, made by a computerised Random Number Generator.

Have a flutter while supporting The Pump House Project

The share number allocated to you will remain 'your' number for as long as you participate, which we hope will be many years. Anybody aged 16 and over can play, and prizes can be 'gifted' should you wish your winnings to be paid to your Grandchildren, Parents, etc. Winners will be advised by email, and a cheque will be made out immediately.

Have a flutter while supporting The Pump House Project

We plan to start the 200 Club on the 1st January 2017, with the first draw taking place on Wednesday 1st February 2017. The shares can be purchased with immediate effect. Rules apply and will be included in our newsletters, also on our Web and Facebook pages, they will also be on display within The Pump House Project building.

Have a flutter while supporting The Pump House Project

Note: The prize values will depend on the number of shares sold, we have calculated that within a short period of time 200 shares will have been sold. If initially we have not reached that figure the cash prizes will be less, and if or when we have sold more than 200, the prizes will be more. For more information, please speak to our Project Co-ordinator or any of our trustees, or if you prefer you may contact the 200 Club administrator at: editor@thepumphouseproject.co.uk



Your support is greatly appreciated and good luck.

THE PUMP HOUSE PROJECT

200 CLUB RULES



1. The purpose of the 200 Club is to raise funds for The Pump House Project.
2. The 200 Club will be administered by TPHP Trustees at no cost.
3. The winning numbers will be selected by a computerised random number generator.
4. 40% of the total monthly subscriptions will be returned, paid out in the form of cash prizes.
5. Three prizes will be drawn, first prize set at 60%, second prize 25% and the third prize at 15% of the prize allocation fund. This fund will vary dependent on the number of shares sold.
6. Membership for the 200 Club will be open to anybody aged 16 or over.
7. Participants are entitled to hold any number of shares. These can be 'gifted' i.e. to Friends or Family members.
8. The number of shares in the 200 Club shall be unlimited and each share shall be allocated a unique number.
9. All shares purchased in a calendar month will be included in the next month's draw, which will take place at our regular coffee morning on the 1st Wednesday of each calendar month.
10. The subscription for each share is £5. Multiple shares can be purchased.
11. All participants must pay monthly in advance by cheque, standing order or electronic transfer.
12. The results will be posted on our website and in our Newsletter. Winners will be advised by phone or email.
13. The winners' cheques will be sent out to the last known address held by TPHP. It is the responsibility of the member to advise us of any change of address. Any prize cheque not cashed within 6 months will be deemed a donation to TPHP.
14. TPHP will not pay a prize to any participant other than the purchaser of a winning share or the name of the person/s you nominate as a gift recipient.
15. No member will be included in the draw if their monthly subscription has not been received. It is the responsibility of each member to make sure they have paid their subscription. TPHP reserves the right to reallocate any number where payment has not been received.
16. Any decision by TPHP to end the 200 Club will be by one month's notice to all members.
17. Under no circumstances can subscriptions be refunded.
18. TPHP co-ordinator will in the first instance determine any dispute. An appeal may be made to the Trustees, whose decision shall be final.
19. The Lottery is intended to be a **Small Society Lottery** under the provisions of the Gambling Act 2005.
20. TPHP may amend or vary the rules of the 200 Club at any time. These rules will be available on TPHP website www.thepumphouseproject.co.uk and on display within our building.



Your support is really appreciated ... Good Luck.





200 CLUB



APPLICATION FORMS ARE AVAILABLE FROM

The Pump House Project

or simply email the words '200 Club' to

editor@thepumphouseproject.co.uk

And one will be sent via email for you to print out

Please support The Pump House Project,

Thank you and good luck



DANCE YOURSELF FIT!

FITSTEPS is a fitness class delivered through dance and is based on Ballroom and Latin dance steps to music,

Cha Cha Cha, Tango, Jive and many more.

No partner work and all abilities welcome.

SO MUCH FUN, YOU DON'T EVEN REALISE YOU ARE GETTING FIT

At The Pump House Project Friday @ 11.00am (First session FREE)

Also at Lechlade: Tuesday @7.30pm and Wednesday @ 10.00am

Call, text or email for more information to:

Sharon Wilson, a trained ballroom & Latin dancer – 07769 229085

Email: sharone.wilson@yahoo.co.uk

THIS YEAR WE DECIDED TO SUPPORT “THE PUMP HOUSE PROJECT”



For those of you who know, and those of you who don't, Juice are a Film, Digital and Design company, tucked away in a barn out in the countryside, filled with overpriced coffee and undervalued staff. Every year, usually when it's too cold for us to fire up the BBQ and the Pizza oven is left longing for warmer days, we turn our attention to more noble causes.



The story of JUICE is simple. In 2001 a small cheap car was exchanged for a MacBook laptop (white, oddly) and one of those gigantic and unreliable printer/fax things. We made a film for Castrol. We tried to fax them an invoice and they liked it (the film). They're still a client. Lovely.

Within a year or so we had two laptops, something called an ISDN line, and had moved out of the spare bedroom into something called 'an office'. We bought our first 'proper' edit suite (eBay, heart them) and it became very clear that our clients (by this stage, nice people like WilliamsF1, Nationwide and Grass Roots) would buy other things from us if we pretended we knew how to make them. We tried not to look surprised. Facial hair is made for stroking and looking wise.



This year we decided we would support a project that already gives its all to the community, The Pump House Project, in an effort to increase its awareness.

The Pump House Project offers low cost activities to all age ranges and abilities, and is run by people local to Faringdon who have a vested interest in the people who live there. Having sent members of our team down to capture some footage they can attest to the great work these people are doing.

They offer support to everyone who asks, sponsor several charities through fundraising and are constantly looking to provide a great place for people to come and experience. It was an easy choice for Juice to make a film for them and we hope we've done them justice.

To see the Video, click on the JUICE Logo below



**The Byres, Wicklesham Lodge Farm, Faringdon,
Oxfordshire, SN7 7PN. Phone: 01367 244878
www.itsjuice.com**

THE PUMP HOUSE PROJECT 'CAKE CAFÉ'

Wednesday mornings 9.30-11.30am

The community Café is just into its second year and we are so amazed at how lovely it is to run this weekly activity that has brought new people to the building who have found new skills and made new friends.



A small band of volunteers run the café and a big part of the enjoyment is to welcome people with great coffee/tea and cakes. Young mothers have found a place that is spacious enough to bring in prams and for an extremely reasonable price (just £1 for a home-made cake and a cuppa) they can enjoy a relaxed couple of hours away from home. Toddlers have plenty to play with and also get to enjoy the space.



We run a unique craft connections session that coincide with the general café atmosphere, and this has become so popular that we are



setting up workshop sessions for people to learn even more crafting skills.

The café was set up to try to create an affordable and hospitable place for everyone to visit and enjoy and we are so pleased that it has worked so well and will continue to do so, looking forward to meeting you if you haven't dropped in already.

Lou and the Beverage Babes

A bit of chat and some good baking

I write novels and work on my own, much more so since my wife, who was an accomplished baker and cook, died in March 2015. At the Pump House Coffee Morning, I get two things I miss, a bit of chat and some good baking.

Choosing which tasty cake or scone creates a bit of stress, of course, but I know I can sit down with my coffee, relax and listen to a bit of light conversation. I've only been in Faringdon for seven years, so I'm a newcomer, but I do meet people I've known

for most of those years, hear how they are, tell them about my week and get advice on how to cook kippers, or pheasant even.

One of the great things about meeting them all at the coffee morning is that I get up and walk away, without feeling I need to invite them for tea and the bit of cake I don't have.



Sullatober Dalton

CHRISTMAS FRUITCAKE RECIPE 'HIC'



You will need the following; a cup of water, a cup of sugar, flour, 4 large brown eggs, two cups of dried fruit, a teaspoon of salt, a cup of brown sugar, lemon juice, nuts, and a bottle of Jack Daniels whiskey.

Take a large bowl. Check the whiskey to be sure it is the highest quality, pour one level cup and drink. Repeat. Turn on the electric mixer, beat one cup of butter in a large fluffy bowl and add one teaspoon of sugar and beat again.

Make sure the whiskey is still okay, cry another tup. Turn off the mixer and beat two legs and add to the bowl, then chuck in the cup of dried fit. Mix on the turner. If the fired druit gets stuck in the beaterers, pry it loose with a drewscriver.



Sample the whiskey and check for tonsisticity. Next, sift two cups of salt, or something, who cares? Check the whiskey. Now sift the lemon uice and strain your nuts, then add one table spoon off sugar of something, whatever you find.

Grease the oven and turn the cake tin to 350 degrees. Don't forget to beat off the turner. Throw the bowl out of the window. Next, sift 3 cups of salt and feffer (it really doesn't matter). Sample the wum again. Sift 1 pint of lemon goose, add 1 bablespoon of brown thugar, of whatever color tou can find. Mix well. Grease oven, turn cake pan to 350 greeds. Noe, pour the whole mess sinto the boven and ake. Check the crum again and go to bed.



Bingle Jells



Festive Faringdon. 10,9,8,7,6,5,4,3,2,1 – The cheer went up for 'Lights On', except Father Christmas was having some fun, as no lights came on, a second go 10,9,8,7,6,5,4,3,2,1, this time good old Santa got it right, and an amazing show of white lights lit up the tree and the sky. Once again



Faringdon celebrated this wonderful time of the year. Thomas the Tank Engine was in fighting form, as scores of children climbed on board, whilst unrelenting queues of children waited to see Santa in the falling snow.

Happy Christmas



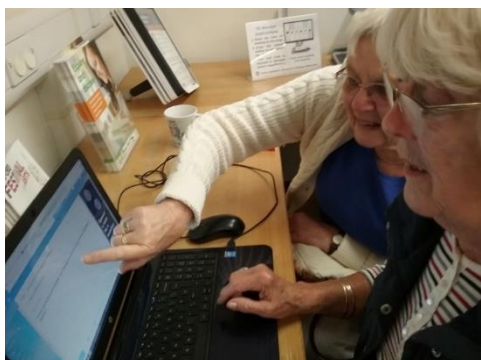
Hello, if you haven't already met us, Sonia Robinson and Mandy Richens are your Age UK Oxfordshire Community Information Networkers for the Vale Area. We are here to

help anyone 18 and above, to provide you with information on local support services and activities, money matters and social care. We are always looking for volunteers too, so if you have some time and would like to do something very rewarding in your local community please do get in touch with us for more.



We have been running a regular monthly drop in session at the Community cafe on a Wednesday morning since its inception. Not only is it an opportunity to come and sample the very friendly atmosphere, the delicious cakes and great refreshments but also an opportunity to come along to find out what Mandy and I have been up to and say Hello, or to get some information and advice.

We also recently combined our information drop in with a Gadget drop. We have a wonderful volunteer I.T. guru who is at hand to help you with any I.T. issues that you may have. Please do feel free to bring along any tablets, phones, laptops etc. that you have questions about



and get some help. Maybe you are a complete novice and just starting out or maybe just have a specific question, this is a completely free service so do come along and see us.

Our drop in is on the 1st Wednesday of every month from 9.30am – 11.30am, we look forward to seeing you there!

Dementia Oxfordshire is part of the Age UK Oxfordshire family and they are now running a Memory Cafe at The Pump House Project on the 1st and 3rd Mondays of the month from 10.30am – 12pm. This is a chance for people with a Dementia diagnosis to come along with their carers for coffee and cake and a chance to chat to Dementia advisors, join in activities etc. For further information or to book a place please ring Gilly (Dementia advisor) on 07557430879.

If you cannot get along to see us at this drop in event, then do give us a call instead or drop us an email. We can visit you at home if you have difficulty getting out and about or would rather talk privately. Our contact details are as follows:

Sonia Robinson, Community Networker Telephone: 07827 235414

Email: soniarobinson@ageukoxfordshire.org.uk

Amanda Richens, Community Networker Telephone 07827 235429

Email: amandarichens@ageukoxfordshire.org.uk

This group of enthusiastic singers is going from strength to strength, they meet at 11.45 every Wednesday morning at TPHP and come together for an hour of sociable singing and laughter.



As leader of this group, I belong to 'The Natural Voice Network' and it is their ethos that everyone should have the chance to be uplifted by singing, whatever you think of your voice. Singing together is powerful and pleasurable, whatever maybe your past experience. Many of

the group were involved in a fabulous massed choir at The Sheldonian on Oxford last year and are really gaining confidence. This spring they went busking for the first time and sang in the Market Place for Blackbird Day despite the chilly weather. The fact that almost the entire group went along recently to one member's Birthday party to sing and celebrate is real evidence that singing together fosters good health and friendship.

If you would like to try this friendly and fun class, it is £2 per session, the first session is free, and there are many health benefits of singing so come and give it a try! Anyone is welcome to come along. You might surprise yourself!



[Emily Marshall](#)

THE OBJECT OF THE PUMP HOUSE PROJECT

To secure the establishment of the Pump House Theatre as a community centre and to provide and maintain as such to the inhabitants of Faringdon and surrounding villages without distinction of sex, sexual orientation, race or political, religious or other opinions and to facilitate its use for meetings and classes and other forms of recreation and leisure time occupation with the objective of improving the quality of life for its residents.

Registered Charity No. 1151905

Web: www.thepumphouseproject.co.uk

Email: info@thepumphouseproject.co.uk





Faringdon & Le Mele Sur Sarthe Twinning event



For those of you who don't know Faringdon town is twinned with Le Mele Sur Sarthe, in France, and has been for 26 years. This year Le Mele Sur Sarthe visited our beautiful town over the Halloween weekend.



The Pump House Project hosted an amazing Halloween Twinning event, and what a night it was. The party started with a tasty green welcoming drink which went down a treat. With 51 visitors, and the lovely families who were hosting, the building was bustling with lots of witches, skeletons and even a Donald Trump.

Once everyone had arrived and had a chance to catch up, the food was served with a tasty pumpkin soup for starter, followed by chicken pie and veg, creating lots of empty plates. Dessert consisted of lots of scrumptious treats for all to help themselves too throughout the evening.



David Williamson, who has been involved for 22 years, and is now the chairman of the twinning association for Faringdon stated *"The building itself was perfect for the event, the decorations were fabulous, TPHP had created an inviting ambiance, and the catering was spot on."*



The English and French families then took it in turns to sing a variety of songs. Everyone joined in, including a few solo acts taking the stage. One of which was our very own Jenny Hughes singing some of her favourite Marlene Dietrich songs. Overall the

event was a great success. Virginie Ganivet who has been involved since the age of 14, and who is the translator for the association said what a wonderful night, "this is a great place to party, feels homely, welcoming, and TPHP will definitely be considered for next year's event." Overall the evening was great fun, with the down stairs area open for the children to play, and upstairs for the adults to dance the night away;



Toni Walker-Reed
Trustee

Faringdon Twinning

The weekend of Halloween-All Saints saw the visit of 45 French friends, including 18 children, from our twin town of Le Mêle-sur-Sarthe in Normandy. Although scheduled as the annual Joint Twinning Committee meeting, there was a full programme of activities including the traditional soiree, which took place on the Sunday night.

For the first time this was held in the Pump House Project as a Halloween Party including a hot buffet. Many took the Halloween spirit to heart with a scary display of costumes and makeup. The partygoers joined wholeheartedly in dancing and in singing traditional and modern songs in French and English.

The opinion of our visitors was the Pump House Project was the best venue that the Twinning had used because it was intimate, allowing contact between people, which created a wonderful party atmosphere, yet there was room on the stage for those who wanted to sit and eat; the children had their own space under the stage, and the décor was excellent.

The meal was very well received and the whole event and venue were much appreciated by everyone attending.



Faringdon Mayor Dr Mike Wise

COUPLES DANCING LESSONS

Latin American and Ballroom Dancing

FEAR THE DANCE FLOOR? WANT TO LEARN THE BASICS? WANT TO IMPROVE?

Then this is the class for you. From complete beginners to more experienced, everyone is catered for with individual teaching of steps to each couple's ability enabling them to build up routines at their own pace.



A class designed to be "strictly" fun.

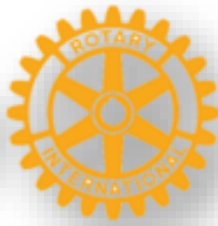
The Pump House Project Thursday @ 7.30pm

Call, text or email for prices and more information

Sharon Wilson – 07769 229085

Email: sharone.wilson@yahoo.co.uk

Rotary



A natural partner to the Pump House Project

Rotary is a service organisation for men and women who come together to network, enjoy fellowship and to make a difference to others. This may be through voluntary work, or fundraising to support community projects at home and overseas.

Our club numbers c 42 members drawn from Faringdon and surrounding villages. Our oldest member is early eighties and youngest, early thirties. We meet weekly in the Bell Hotel Faringdon on Wednesday evenings at 7pm and have recently set up a new satellite club - the White Horse Rotary Group. The aim of the new group is to attract members who cannot commit to weekly meetings but are still enthusiastic to volunteer, fundraise, meet socially and help to make a difference to others. The White Horse Rotary Group meet the first Thursday of the month in the Crown Hotel at 7.30pm and the third Saturday of the month in Costa Coffee at 10.30am, children welcome.



We also have three younger Rotary groups in the town. Interact, based at Faringdon Community College, is a group of year 12 and 13 students. Trailblazers, also based at FCC, are made up of Years 7 to 11. Rotakids are an enthusiastic group aged 7-11 who meet in the Pump House Project, supported by Faringdon Rotary.



It would seem that we are a natural partner to the Pump House Project as you also reach out to all ages in our community. We were therefore delighted to be able to support you financially this year with a donation of £2,000. I would like to think that the two groups can continue to work together in the future to support the residents of our town and would welcome future discussions as to how we can help.

For more information on the Rotary Clubs in Faringdon or to come along to one of our meetings as a guest, please e-mail me at sarah04benson@gmail.com.

Wishing you continued success with the Pump House Project



Sarah Benson
2016/17 President
Faringdon & District Rotary Club



We have been offering a Citizens Advice service at the Pump House on Wednesday mornings since April 2016. Our Advisors are enjoying their time in Faringdon and have so far been able to help about fifty different people with a variety of problems, such as benefits, redundancy, online fraud, water supply, divorce and child access disagreements. The person who was a victim of online fraud was kind enough to talk, anonymously, on the radio to promote awareness of this unpleasant crime.

Citizens Advice Oxfordshire South and the Vale advises over 8,000 people a year face to face or by phone. The service is provided by 150 volunteers, supported by 9 paid staff from 5 Advice Centres. Topics include debt, benefits, housing, employment, relationships and consumer issues.

We look forward to continuing our work in Faringdon and offer more appointments in the future. If you have a problem you are struggling to resolve and would like to contact Citizens Advice, please phone 03444 111444.

Jon Bright Director

www.citizensadvice.org.uk/local/oxfordshire-south-vale



The Pump House RotaKids visit Ferendune Care Home

Mince Pies and hand-made Christmas Cards were handed out to the thrilled residents of the Ferendune Care Home on Friday 2nd December by members of TPHP RotaKids. Not sure who enjoyed it the most, the children happily giving or the elderly gratefully receiving, as both groups beamed with joy. A truly lovely festive occasion for everybody involved.



The singing of Jingle Bells, a nostalgic childrens favourite Christmas Carol, followed by Rudolph the Red Nose Reindeer was then sang by RotaKids. Their mesmerised audience were captivated by the sound of excited children singing, no doubt bringing back happy memories of their own childhood.

The singing of Jingle Bells, a nostalgic childrens favourite Christmas Carol, followed by Rudolph the Red Nose Reindeer was then sang by RotaKids. Their mesmerised



'Young Rotary in Acti'



Baby Sensory



Happy social play has an essential role in building self-esteem, confidence, creativity, imagination, language, problem solving skills and knowledge of the world. It is also a vital component for intellectual and physical development with the



people closest to them in order to develop to their full potential. There are a wealth of things that parents can do to enrich their baby's play and learning. The following parent-baby activities are fun and thoroughly recommended:

- Spend time playing on the floor with your baby.
- Encourage tummy time during waking hours to strengthen neck and back muscles.
- Encourage your baby to reach for toys.
- Give your baby a massage.
- Play bouncing games to help your baby develop balance and coordination skills.
- Sing songs and rhymes that encourage participation and turn-taking through clapping and body actions.
- Play peek-a-boo games.
- Encourage eye-tracking skills with colourful scarves and ribbons.
- Cuddle up and share a book with your baby.
- Interact with your baby through dance and music.
- Praise and applaud your baby for any new skill achieved.

Parents who interact with their babies in a fun, active and purposeful way, build long-lasting relationships with them, help them gain social skills, independence and also confidence. Showing an interest in what they are doing and praising them for their achievements, no matter how small they may appear to be, will lead learning and development forwards, and babies will also stand a much better chance of developing into happy, confident and successful learners.



In a Baby Sensory class, happy social play between the parent and baby is an integral part of the programme. Parents also give their babies the best developmental tool for the Baby

Hope to see you soon. Beccy

Sensory & Toddler Sense Wantage
Tel: 07800 568040

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www.babysensory.comwww.facebook.com/BabySensoryWantageHungerfordAndMarlborough

From the Editor



The first thing that I must do is to thank and congratulate the 6th form art students at Faringdon Community College for producing a remarkable front cover page for this Newsletter. It is clever, festive and beautifully created. My sincere thanks also to Steph Robbins, their tutor at FCC for agreeing to accept this challenge, and for her enthusiastic co-operation. Our next Newsletter, a Spring edition, will be published during March 2017, and we all look forward to seeing the next front cover, needless to say, it will be another FCC production – watch this space!

I speak for all the Trustees when I also thank those that participate every week at the TPHP, enjoying the numerous and growing activities TPHP is becoming synonymous with. Our fantastic volunteers who regularly provide their time and talents free of charge, the group leaders who organise such a brilliant array of activities. Thank you all so very much.

Funding TPHP is in itself a challenge, and our appreciation goes out to those local organisations who have had the generosity to help us. Financial assistance is of course massively important and we trust it will continue. But it's not just financial, we had a complete new kitchen given to us by Howdens in Faringdon. Our thanks to Faringdon Town Council for agreeing a new 5 year lease and for the personal interest shown by our Mayor Mike Wise and the practical help by Sally Thurston the Town Clerk. The valued support from Lord Faringdon, and more recently, JUICE who kindly filmed TPHP in action, a great awareness video.



To help finance TPHP in 2017, we are introducing a lottery, called a **200 CLUB**, which we hope will be a fun way that you can all take a part in. Details can be found within this Newsletter, please consider helping us, and don't forget, every month there will be 3 lucky winners enjoying cash prizes.

Finally, on behalf of the Trustees, namely Olivia Bloomfield, Penny Vaughan-Fowler Lou Smith, Andrew Brown, Tony & Louise Walker-Reed and yours truly, our sincere thanks to you all for your wonderful help this year.

We wish you all a Very Happy Christmas and a Prosperous New Year

John Nightingale



THE PUMP HOUSE PROJECT TIMETABLE

MONDAY	DISCO DOTS MEMORY SUPPORT GROUP SPEECH & LANGUAGE SKILLS TOTAL BODY FITNESS	Second Monday of each month First & third Monday each month Afternoons Every week	09.30 – 11.00 10.30 – 12.00 TBC 19.00 – 20.00
TUESDAY	BABY SENSORY CUBS SCOUTS	Term time and some holiday dates (see wantage@babysensory.co.uk) Term time only Term time only	11.15 – 12.15 18.00 – 19.15 19.30 – 21.15
WEDNESDAY	CAKE CAFÉ CRAFT CONNECTIONS SINGING FOR FUN OPEN ACCESS YOUTH SESSIONS	Every week Term time only Term time only Term time only	09.30 – 11.30 09.30 – 11.30 11.45 – 12.45 18.30 – 20.30
THURSDAY	TAI CHI Tea & Cake break GENTLE EXERCISE for all abilities LATIN & BALLROOM dancing lessons	Every week Every week Every week	09.45- 10.30 11.00 – 11.45 19.30 – 20.30
FRIDAY	FITSTEPS ROTAKIDS Continental Card & Board Games	Every week Term time only 1 st Friday in the month	11.00 – 12.00 15.45 – 17.00 18.30 -21.00
SATURDAY	URBAN MOVEMENT 7-10 year olds 11-14 year olds 15-18 year olds	Term time only Term time Only Term time only	12.30 – 13.30 13.45 – 14.45 15.00 – 16.00

As from January 2017, more weekly activities will take place, full details in our next Newsletter, or visit our website at www.thepumphouseproject.co.uk

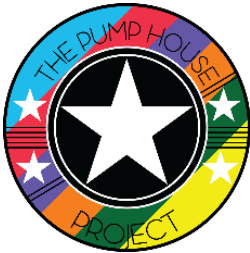
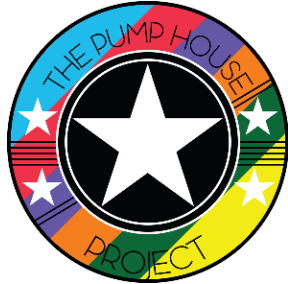


TPHP is uniquely positioned to provide a perfect venue for many and varied uses. Our hall can be transformed into a spooky Halloween dungeon and then into a happy festive Christmas party. Faringdon Twinning Association and The Faringdon & District Rotary Club have enjoyed social evenings with a hot meal provided. The hall then changes back to into a Night Club, a disco with dancing to soul music from the 60s, 70s, & 80s with licenced bar. Another day we have Latin & Ballroom dancing lessons and then a place suitable for the adult memory support group and of course youth and children's clubs and a baby sensory group. As if by magic, it's now a gymnasium for the Urban Movement Academy, and let's not forget our Cake Café and Craft Connections every Wednesday, and so it goes on.

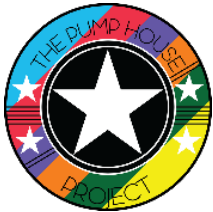
Question..... Where else could you find such a place? So why not join us



*Thanks to all contributors to this
Newsletter. I hope you have enjoyed
reading about The Pump House Project.*



Our next Newsletter will be
Published early March 2017



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